



T2A

TRANSITION 2

ADULTHOOD

Month

Transition to Adulthood (T2A) Month is held in November each year. T2A Month highlights the needs of young people as they make the journey from the child safety system to adulthood, experiencing positive life outcomes along the way. Please go to www.createyourfuture.org.au/t2a for information, resources and events.

Each year, more than 400 young people leave the Queensland child protection system in their transition to adulthood. This epic journey often involves finding accommodation, seeking employment, building support networks, accessing services, learning to budget, sorting out transport needs, starting bank accounts, locating important documents and much more. While these young people often receive support from family, carers, government and non-government service providers and their community, some young people make this transition with little help. All young people need support, networks and resources in their journey to adulthood.

The theme for T2A Month in 2021 is **'Hopes and Dreams'**. Every young person has dreams for their future. We want to see care-experienced young people listened to, supported and empowered to thrive, pursuing their dreams in life.

Have a conversation

Listen to young people's goals, dreams and support needs as they transition to adulthood. Support young people to participate in their transition planning and develop life skills. Make time to talk to young people about services like Next Step Plus.

My CSO helped me on my transition to adulthood by listening to me, helping me get a disability companion card, and following through on promises. I felt like they cared and I felt very supported. I also got connected to Next Step which was helpful.

Male, 21

Host an Event

Last year there were lots of amazing, creative events across the State. In 2021, make sure you get along to a T2A event in your area, or why not host your own? We encourage you to chat to some other people in your team, contact a few local services to host a stall, put on a feed (like a sausage sizzle) and have a fun youth activity. Ask some young people you work with what they would like to do and brainstorm with young people and colleagues about other creative T2A ideas.

This year the T2A Month launch is being held on 3rd November, on the Gold Coast. For information about this event or to find other T2A events in your region, visit www.createyourfuture.org.au/t2a. To register your T2A event please email amy.jasper@create.org.au.

Get resourced

There are lots of fantastic T2A resources for young people and workers. Check out resources like Sortli (a free app for young people transitioning to adulthood), the Go Your Own Way Kit (a booklet for young people who are on their T2A journey) and the Voices in Action Podcast featuring care-experienced young people. A list of T2A resources are available here: www.createyourfuture.org.au/t2a

If you are a worker in the sector, CREATE are partnering with QATSICPP for the 'Online T2A Young Consultant Panel' on 24th November 2021. This year the focus will be on supporting and empowering Aboriginal and Torres Strait Islander young people with a care experience as they transition into adulthood. Please email qld@create.org.au for more information or to register your interest.

This Transition to Adulthood Month, let's come together and support our young people on their journey.

Yours faithfully,



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T2A Month is an initiative of G-Force. G-Force is a sector-wide working group, chaired by CREATE Foundation and made up of government and non-government organisations. Young people with a care experience play an active role in contributing to and leading the group's work. G-Force seeks to support those working with young people in out-of-home-care by sharing practical information, practice wisdom and useful resources.

