



## A mobile app to help you become independent

### Getting ready for independence

When young people in care turn 15 years old, they begin to plan for their future as independent adults. This is called 'transition to independence'.

Transitioning to independence can be a bit scary at first. It can also be a positive and empowering experience if you have access to the right information. To begin your transition to independence, it helps to know where to find support and information.

### What is Sortli?

*Sortli* (short for 'sort out your life') is a free mobile app for young people to help you think about your future life and plan your transition to independence.

It is a fun, informative and easy-to-navigate app that can be installed on your Apple, Android or Microsoft mobile device. It can be accessed anywhere, at any time.

*Sortli* has been developed by young people who have already left the care system and are living independently, and professionals who work with young people in care.

*Sortli* is your pocket companion to services and support. It provides a step-by-step guide for all the important areas of your life, such

as finding a place to live, looking after your health, managing your budget, finding a job or doing some training and general life skills.

There are no rules for using the app and no due dates.

It works by helping you to set your own personal goals and milestones, keep track of your progress and celebrate your successes. The information that you enter into the app is stored on your mobile device only, and is not provided back to the developers, the government or anyone else.

### Where can I find Sortli?

You can download *Sortli* from Apple, Android and Windows stores.

### For more information

For more information about transitioning to independence, you can talk to your child safety officer.

You can also call the CREATE Foundation on 1800 655 105 to ask any questions you have about *Sortli*.

